

Martin Livingston

Aikido CV

Dan grade examinations

- 4th dan – Shodokan Aikido Hombu dojo, Osaka, Japan, 2013
- 3rd dan – Skenfrith, Wales, 2005
- 2nd dan – York, England, 1999
- 1st dan – York, England, 1996

Coaching

- Shodokan Edinburgh, Founder and senior instructor
 - 3 classes per week
- Shodokan Dundee, Instructor
 - 1 class per week

Aikido roles

- SAUK national squad assistant coach

Competitions

- World champion at 3 consecutive competitions:
 - 2007 World Championship, Ohio, USA
 - Gold in embu (junanahon)
 - Gold in kongo dantaisen (team event)
 - Bronze in embu (goshin no kata)
 - 2005 World Championship, Katsuura, Japan
 - Gold in embu (junanahon)
 - 2003 World Championship, Leeds, UK
 - Gold in embu (junanahon)
- World championships 2013 (Osaka, Japan) – Referee
- World Championships 2011 (London, UK) – Referee

Training history

- **York Aikido Club**
 - 1990 – 3-day course during school holidays. This led to the forming of the York Aikido club
 - 1990 – York aikido club juniors class
 - 1993 – York aikido club seniors class. Assisted teaching the juniors class
- **Shodokan Edinburgh / Heriot Watt university aikido club**
 - 1999 – Created the Heriot Watt university aikido club (now known as Shodokan Edinburgh)
 - Present – Main instructor
- **Shodokan Dundee / Abertay university aikido club**
 - 2011 – Assisted in the creation and instruction of Shodokan Dundee

- o 2014 – Took over as the instructor
- o Present – Main instructor

Additional

Through the Edinburgh club, I've trained 3 world champions and numerous British university champions