

Scott Allbright
MA Japanese Studies
Sport and Aikido Curriculum Vitae

Dan grade examinations

- 6th dan – Geneva, Switzerland, 2010, under Nariyama Tetsuro Shihan, Shodokan Aikido Federation 9th dan and world technical director.
- 5th dan – Gryon, Switzerland, 2004, under Nariyama Tetsuro Shihan.
- 1st dan, 2nd dan, 3rd dan and 4th dan – Shodokan Aikido hombu dojo, Osaka, Japan (1987, 1989, 1993 and 1997), under Nariyama Tetsuro Shihan.

Current responsibilities

- Sheffield Steel City Aikido club founder and senior instructor
Kyogikan dojo, Devonshire Business Park, Sheffield
I run three aikido clubs from my dojo and coach everyday except Sunday.
- Sport and exercise manager, Burton Street Foundation, Sheffield
I run a public gym and sports hall where I teach sport and exercise to young people with learning and physical disabilities.

Aikido roles

- Shodokan Aikido UK (SAUK) chair 2014 -
- Shodokan Aikido Federation (SAF), (Japan) European shidosha (assistant instructor)
- SAUK senior referee coach
- SAUK national squad coach from 2007 - SAUK squad runs on the last Saturday of every month at my dojo
- SAUK senior examination instructor
- Shododaigaku (Shodokan UK Universities) director

Publications

- **Aikido and Randori**, Scott Allbright, *Crowood Press*, 2002
- **Shodokan**: an art film by Scott Allbright and Chris Hall, 2004

Sport-relevant qualifications

2008 – YMCA Qualified level 3 personal trainer, with exercise referral.
I am qualified to write fitness programmes for clients with controlled conditions, such as obesity, COPD, heart disease, diabetes type II, Parkinsons, MS and depression.

YMCA Circuit Training Theory – planning and running a range of different types of circuit training.

Sports Psychology Diploma – distance learning course aimed at improving sports performance.

Community Sports Coach Level 2 – planning and delivering sports and games to children and young people.

Rebound Therapy – physical therapy for people with severe disabilities using the bounce of a trampoline.

Other sporting experience

1984 (6 months)

Shodokan Aikido hombu dojo, Osaka, Japan

Trained for the first time under world technical director for Shodokan Aikido, Nariyama Tetsuro Shihan, 9th dan; trained/competed and/or took a team to Japan every 2 years until 2007.

2008

Invited to attend Waseda University Aikido Club (founded by Professor Tomiki Kenji, founder of Shodokan Aikido) 50th anniversary celebration.

1980 – 1983

Table tennis and 1st team football for Brighton University.

1976 – 1981

Judo, Loughton sports centre Judo club, Essex.

Competitions

1995 World championship, Ohio, USA
Became the first non-Japanese world champion.

1989 - 1995
Competed at every biennial world championship except one.

1989 – Competed at the Western Japan regional competition, taking bronze in the embu and silver in the team shiai.

1984 – 1997
Competed every year at regional and national competitions in the UK receiving gold medals in embu, individual and team shiai.

Clubs

1984 – 1990
Brighton SAMA martial arts club
Established Shodokan aikido club

1991
Sheffield University
Established first university Shodokan aikido club in the UK

1994
Nottingham University
Established Nottingham University Shodokan aikido club

1996
Established inaugural British Universities national competition with 3 clubs.
(There are now 7 university clubs competing with over 50 competitors)

1997
Nether Edge, Sheffield
Established Shodokan aikido town club in a full time dojo

2001
Relocated to Wellington Street, Sheffield

2007
Relocated to Devonshire Business Park, Sheffield

2010
Established Sheffield Hallam University Shodokan aikido club

2011
Celebrated 20 years of Shodokan aikido in Sheffield

International coaching

I have coached Shodokan aikido in the following countries:

Japan

UK

USA

Australia

New Zealand

Philippines

Malaysia

Spain

France

Northern Ireland